



GLUTEN FREE

While you wait

- Padron peppers**, garlic and herbs (vg) - £5.95
- Courgette fritters**, sweet chilli sauce (v) - £6.25
- Mixed marinated olives**, rustic bread & dipping oil (vg) - £8.25

Starters

- Homemade soup**, rustic bread (vg) - £6.95
- Garlic & chilli king prawns**, courgette and carrot noodles, pomegranate tuile - £9.75
- Smoked applewood cheese arancini**, tomato, red pepper & lime chutney (vg) - £6.95
- House smoked duck breast**, orange & pickled fennel salad, toasted hazelnuts & mizuna - £9.75
- Sharing honey and rosemary baked Camembert**, rustic bread, crudites & roasted garlic jam (v) - £15.25

Mains

- Catch of the day** coated in a crispy Wadworth 6X beer batter with chips, minted crushed peas, lemon and tartare sauce - £14.95/£10.25
- Home cooked honey glazed ham**, sauteed potatoes, confit tomato, fried duck egg & Stoke Valley watercress - £13.95/£9.95
- Laverstoke Farm buffalo burger**, comte cheese, smoked streaky bacon, baby gem & tomato relish on a toasted buttermilk bun with thin cut fries - £14.50
- Whole river Itchen trout**, lemon & parsley turned potatoes, pickled cucumber & Stoke Valley watercress salad - £18.95
- Quinoa & 5 bean salad**, garden vegetables & Vegan feta cheese (vg) - £12.50

Sweets £6.95 (unless stated)

- Lime and raspberry posset**, shortbread
- Sticky toffee pudding**, toffee sauce and honey & ginger ice-cream
- Affogato**, vanilla ice-cream topped with an espresso and cinnamon spiced shortbread
- Trio of desserts** - Lime & raspberry posset, sticky toffee pudding & affogato - £11.95

Jude's ice creams

- 1 scoop - £2.50 2 scoop - £4.50 3 scoop - £5.95
- (Truly chocolate, very vanilla, pistachio, strawberries & clotted cream, cherries & clotted cream, honey & ginger)
- Sorbets** (Blood orange, blackcurrant, lemon)

Sandwiches (Monday to Saturday lunch only)

(Please ask for today's bread selection)

- Grilled halloumi, mizuna, roasted peppers and chilli jam (v) - £8.50
- Hand battered fish goujons with gem lettuce and tartare sauce - £8.95
- Home cooked honey glazed ham, mature Cheddar, tomato & red pepper chutney, Stoke Valley watercress - £8.50

Sides £4.25

- Hand cut chips (vg) Dressed salad (vg) Seasonal vegetables (vg)