



## GLUTEN FREE

### *While you wait*

- Padron peppers**, garlic and herbs (vg) - £5.95  
**Courgette fritters**, sweet chilli sauce (v) - £6.25  
**Mixed marinated olives**, rustic bread & dipping oil (vg) - £8.25

### *Starters*

- Homemade soup**, rustic bread (vg) - £6.95  
**Garlic & chilli king prawns**, courgette and carrot noodles, pomegranate tuile - £9.75  
**Smoked applewood cheese arancini**, tomato, red pepper & lime chutney (vg) - £6.95  
**House smoked duck breast**, orange & pickled fennel salad, toasted hazelnuts & mizuna - £9.75  
**Sharing honey and rosemary baked Camembert**, rustic bread, crudites & roasted garlic jam (v) - £15.25

### *Mains*

- Catch of the day** coated in a crispy Wadworth 6X beer batter with chips, minted crushed peas, lemon and tartare sauce - £14.95/£10.25  
**Home cooked honey glazed ham**, sauteed potatoes, confit tomato, fried duck egg & Stoke Valley watercress - £13.95/£9.95  
**Laverstoke Farm buffalo burger**, comte cheese, smoked streaky bacon, baby gem & tomato relish on a toasted buttermilk bun with thin cut fries - £14.50  
**Whole river Itchen trout**, lemon & parsley turned potatoes, pickled cucumber & Stoke Valley watercress salad - £16.95  
**Quinoa & 5 bean salad**, garden vegetables & Vegan feta cheese (vg) - £12.50

### *Sweets* £6.95 (unless stated)

- Lime and raspberry posset**, shortbread  
**Sticky toffee pudding**, toffee sauce and honey & ginger ice-cream  
**Affogato**, vanilla ice-cream topped with an espresso and cinnamon spiced shortbread  
**Trio of desserts** - Lime & raspberry posset, sticky toffee pudding & affogato - £11.95

### *Jude's ice creams*

- 1 scoop - £2.50      2 scoop - £4.50      3 scoop - £5.95  
(Truly chocolate, very vanilla, pistachio, strawberries & clotted cream, cherries & clotted cream, honey & ginger)  
**Sorbets** (Blood orange, blackcurrant, lemon)

### *Sandwiches* (Monday to Saturday lunch only)

- (Please ask for today's bread selection)  
Grilled halloumi, mizuna, roasted peppers and chilli jam (v) - £8.50  
Hand battered fish goujons with gem lettuce and tartare sauce - £8.95  
Home cooked honey glazed ham, mature Cheddar, tomato & red pepper chutney, Stoke Valley watercress - £8.50

### *Sides* £4.25

- Hand cut chips (vg)    Dressed salad (vg)    Seasonal vegetables (vg)